

WELCOME TO LR THERAPIES

MONTHLY NEWSLETTER

HELLO & WELCOME TO MY FIRST NEWSLETTER!

MY RECENT REBRAND IS NOW ALL DONE, BEAUTY BY LOUISE IS
NOW LR THERAPIES!

I WILL NOW BE FOCUSING ON SPECIALIST THERAPIES FOR
MY CLIENTS, OFFERING TREATMENTS SPECIFICALLY
DESIGNED TO HELP THE MIND, BODY & SOUL.



I HAVE NOW FULLY TRAINED IN REIKI THERAPY AND WILL
BE INCORPORATING THIS INTO MY MESSAGES WHICH ARE
NOW AVAILABLE, AS WELL AS SCAR MASSAGE THERAPY
FOR C-SECTIONS, MASECTOMY, LUMPECTOMY &
SCARRING FROM GENERAL SURGERY.

PLEASE EMAIL LR THERAPIES@OUTLOOK.COM FOR MORE
INFORMATION & PRICELISTS.

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IN THIS NEWSLETTER YOU WILL FIND:

LATEST UPDATES, TREATMENTS, HELPFUL INFORMATION & MORE. KEEP
READING!



LATEST NEWS

LR THERAPIES HAS BEEN TRAINING!

ON SATURDAY 11TH NOVEMBER, I ATTENDED MY SCAR THERAPY TRAINING & I HAVE TO SAY, IT WAS FANTASTIC!

NOT ONLY WILL THIS TREATMENT HELP WITH THE VISUAL EFFECTS OF SCARRING, IT WILL ALSO HELP TO MINIMISE ADHESIONS, ENCOURAGE FURTHER HEALING & HELP WITH THE MOBILITY IN THE AREAS THE SCARRING CAN AFFECT.

MORE INFORMATION ON TREATMENTS & PRICELISTS ARE AVAILABLE ON MY INSTAGRAM PAGE & VIA EMAIL.



COMING UP

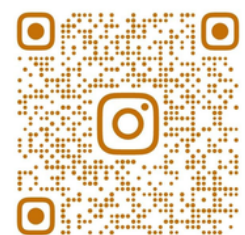
HAND & FOOT TREATMENTS FOR ONCOLOGY PATIENTS

TRAINING WILL HOPEFULLY BE COMMENCING AT THE BEGINNING OF 2024, WITH HAND & FOOT TREATMENTS BEING AVAILABLE FOR CLIENTS SUFFERING OR AFFECTED BY CANCER.



WANT TO CONNECT?

FOLLOW ME
ON INSTAGRAM!



@LR THERAPIES

LET'S TALK HEMA

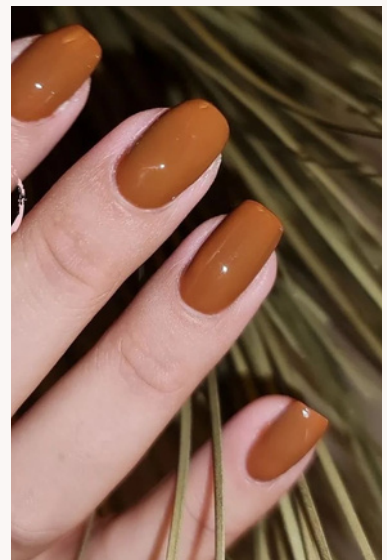
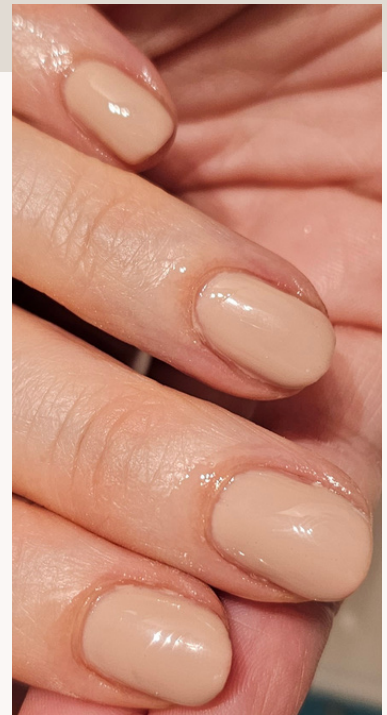
HEMA HAS BEEN MAKING HEADLINES IN 2023 & HERE'S WHY.

HYDROXYETHYL METHACRYLATE, OTHERWISE KNOWN AS HEMA, IS A CHEMICAL USED IN GEL POLISH FOR ADHESION PURPOSES. THIS CHEMICAL ALLOWS THE GEL POLISH TO ATTACH ITSELF TO YOUR NAILS.

THIS CHEMICAL IS THE NUMBER ONE REASON FOR REACTIONS IN GEL MANICURES. THE HIGHER THE LEVEL OF HEMA IN THE PRODUCT, THE MORE HARDWEARING IT WILL BE, **BUT** THE MORE CHANCE THERE IS OF A NASTY ALLERGIC REACTION.

I USE THE GEL BOTTLE PRODUCTS WHO HAVE ONE OF THE LOWEST HEMA LEVELS IN THE INDUSTRY & THEY HAVE JUST BROUGHT OUT A NEW HEMA FREE RANGE WHICH WILL SOON BE STOCKED!

I AM ALSO TRIALING A NEW BRAND CALLED DALI ARTISTIC, A HEMA FREE BRAND , WATCH THIS SPACE!



GIVE LRTHERAPIES YOUR FEEDBACK!

I APPRICIATE YOUR FEEDBACK

YOU'LL GET A REVIEW LINK VIA TEXT & EMAIL FROM MY BOOKING SYSTEM, FRESHA.

PLEASE LEAVE A REVIEW!



@LRTHERAPIES | LRTHERAPIES@OUTLOOK.COM